

BASIC SAFETY TRAINING

Course outline: provided by ORD TRAINING SAFETY. CV

Fire prevention and fire-fighting



- Shipboard fire-fighting organisation.
- Theory of fire - types and sources of ignition - fire hazards - spread of fire.
- Classification of fire and applicable extinguishing systems.
- Use of portable fire-extinguishing equipment.
- Fire detection and alarm systems.
- Fixed fire-extinguishing systems.
- Use of protective equipment for fire-fighters - fireman's outfit
- Fire-fighting methods - exercises extinguishing fires, using various types of portable extinguishers and water, using jet/spray nozzles.
- Elementary First Aid
- General principles - assessment of casualties and threats to own safety.
- Body structure and functions.
- Positioning of casualty and The unconscious casualty - resuscitation.
- Bleeding and wounds.
- Management of shock.
- Burns and scalds.
- Rescue and transport of casualties.
- Bandages and use of first aid emergency kit.

Safe working practices

- Precautions to prevent pollution of the marine environment.
- Understanding orders and being understood in relation to shipboard duties.
- Contributing to effective human relationships on board ships.

Survival at Sea in the event of ship abandonment

- Types of emergency situations.
- Training and drills - emergency preparedness - evacuation procedures.
- Use of equipment in survival craft and rescue boats.
- Personal life-saving appliances - their location and use.
- Principles of survival at sea - actions to take when in. water and survival craft.
- Emergency radio equipment - Helicopter assistance.

Entry Standards:

This course is open to both prospective and serving seafarers. They should be certified to be in good health.

Duration: 75 hours

Class capacity: 30 trainees